

Body image

A survey in 2007 found that more than 50% of females would consider having plastic surgery, compared with less than a quarter of men

25,000 people, mostly aged 17 to 34, were asked how they felt about their bodies

31% of size 12 women describe their body as either overweight or fat, rising to 50% amongst size 14 women

53% of girls, aged 12 to 16, feel that their body image either stops them from getting a boyfriend or means that they cannot relax in a relationship

The most popular cosmetic surgery procedures, UK, 2006



More than **50%** of females said they would consider having plastic surgery, and, of these women, **36%** would opt for breast enhancement and **32%** would go for liposuction

50% of women said that there is "lots they would change" about their body, while more than one in ten said that they "hate" their body

In comparison **49%** of males said that they are "ok" with how they look, and one in ten are "very happy" with their appearance

Both men and women rated a curvy Marlene McCubbin as having the best body when compared to ultra-slender or thin examples

Source: BBC Radio 1 Research & 100% TV survey 2007
The British Association of Aesthetic Plastic Surgeons, 2007

<http://www.bbc.co.uk>
<http://www.bapras.org.uk>